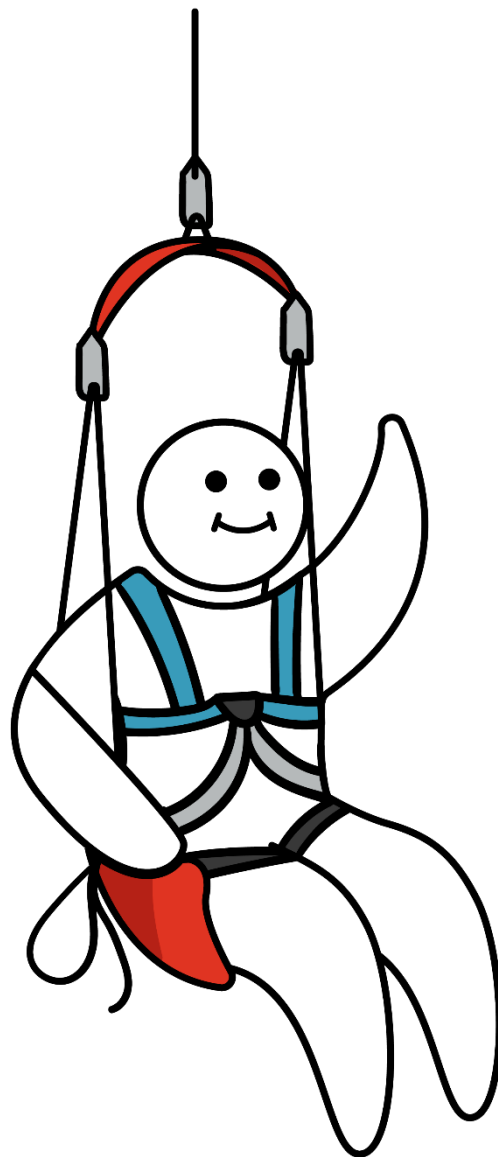
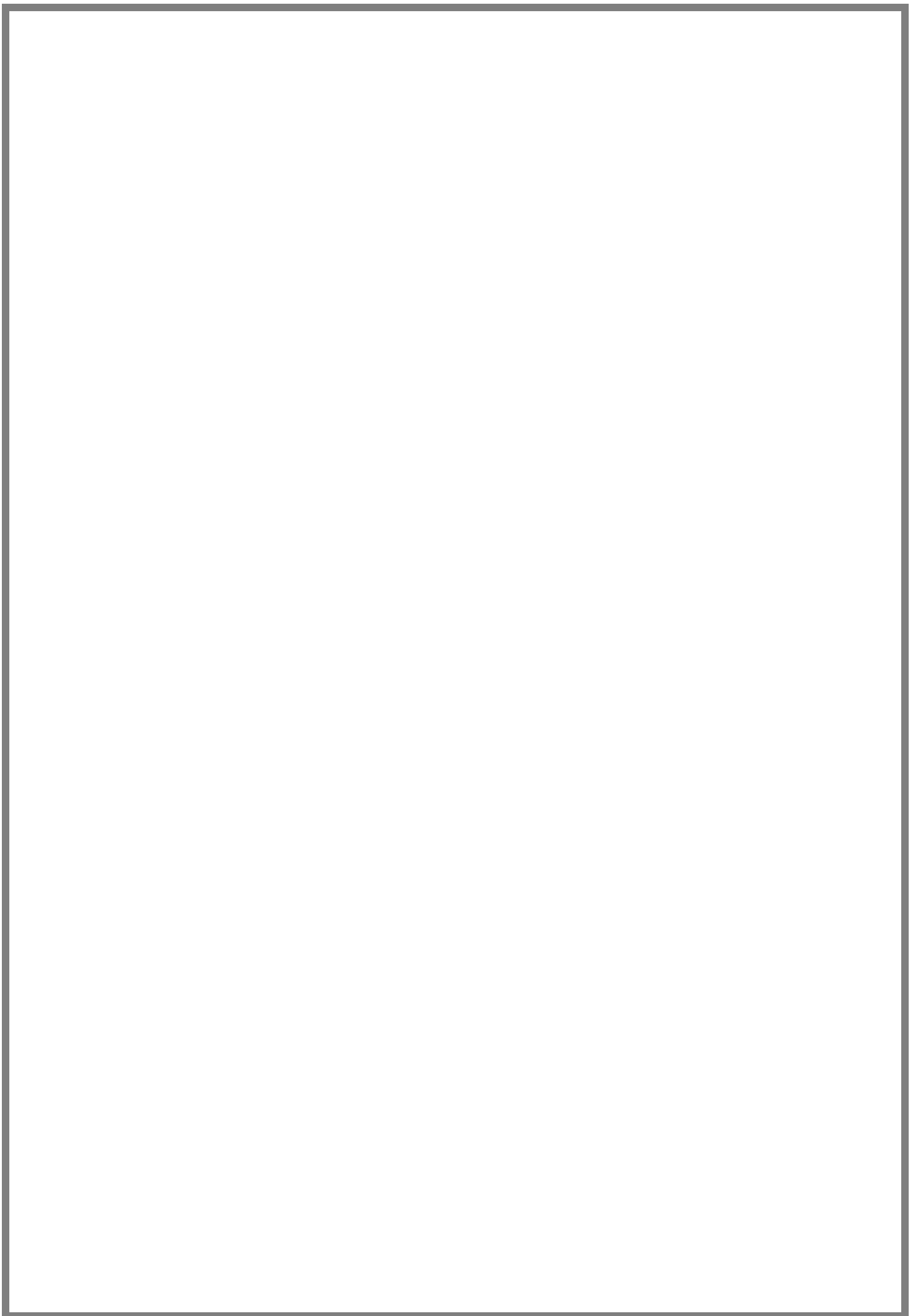


# Sensory Swing



I am going on the sensory  
swing.



We will go to the sports hall in the Kinross building.



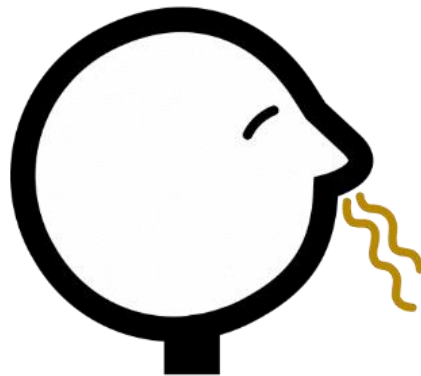


The sensory swing is a large swing attached to the roof of the hall.

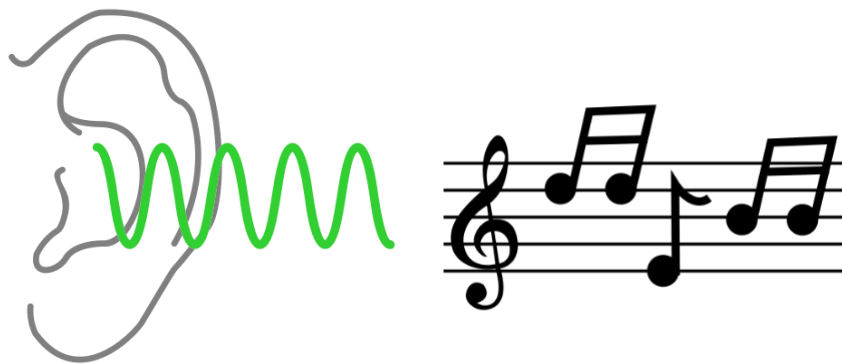


I will sit in a seated harness and be swung around the space in the hall.

When I go inside it may smell different.



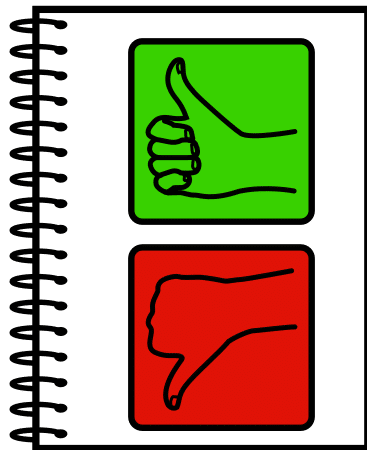
The hall can be loud and have new sounds. There may be music playing.



These are the ropes for the sensory swing.



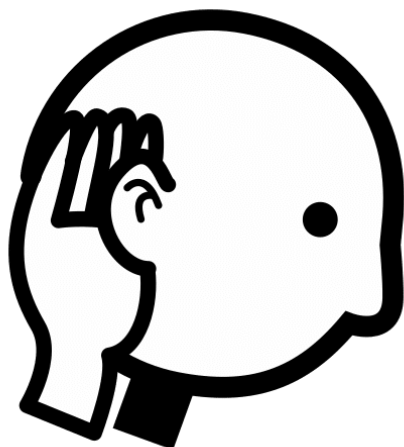
I will meet the Bendrigg tutor and other people. They will talk to me about the rules.



This is to keep me safe.



I need to listen carefully.



I will need to sit and wait until it is my turn.



When it is my turn, I will sit in the special harness on the chair.





The Bendrigg tutor will help me into it and check I am safe.



Then lift me in the harness.

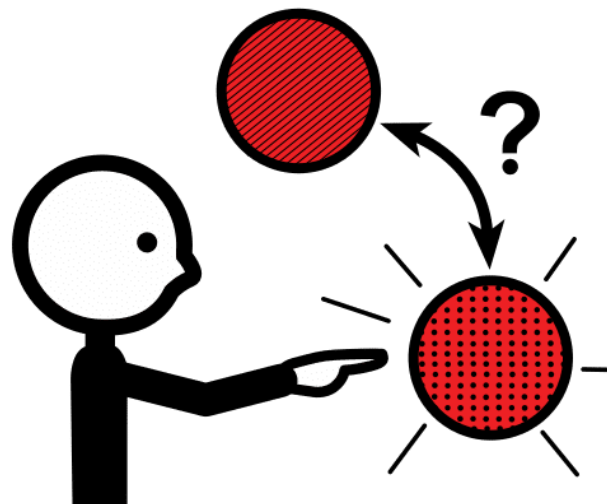


The swing can be fast or slow.



It can go round and round or forwards and backwards.

I can choose.



When I have finished I will be lowered back down onto the chair and I will take off my harness. I will sit and wait.



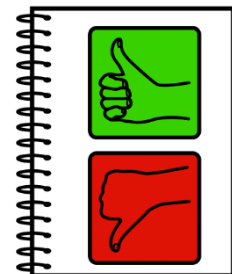
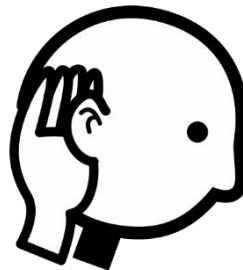
I may feel excited.



I may feel worried, this is okay.



I need to remember I am safe if we all listen carefully and follow the rules.



I can ask to stop.





When I have finished everyone will say  
well done.



The sensory swing is fun.

