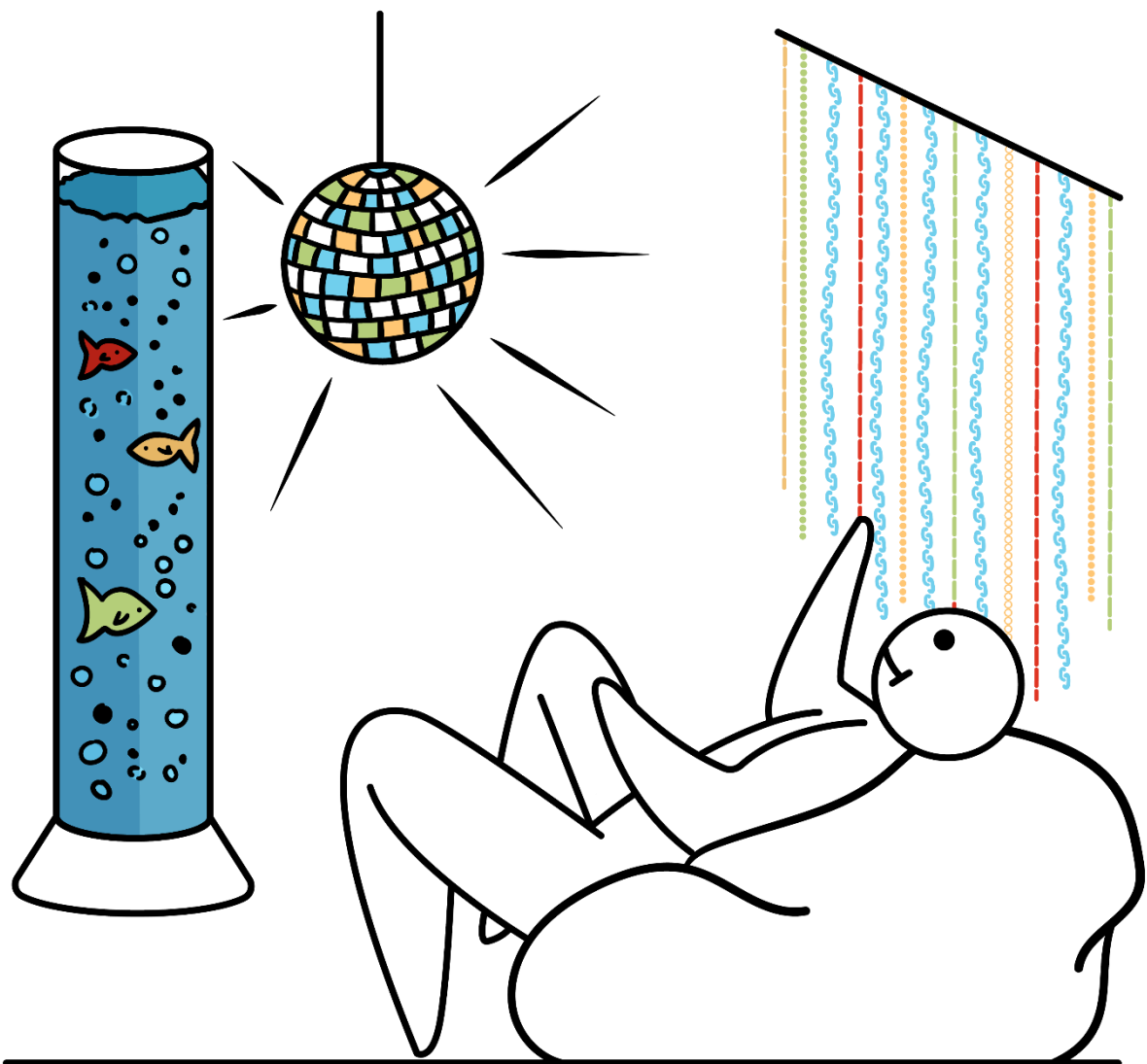


Sensory Room



I am going to the sensory
room.

We will go in the sensory room through the sports hall in the Kinross building.

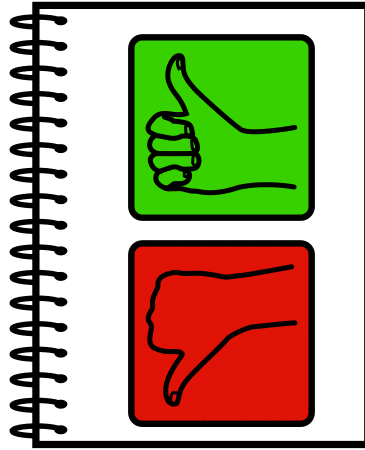


This is the sensory room.



I will need to take off my shoes before going into the sensory room.

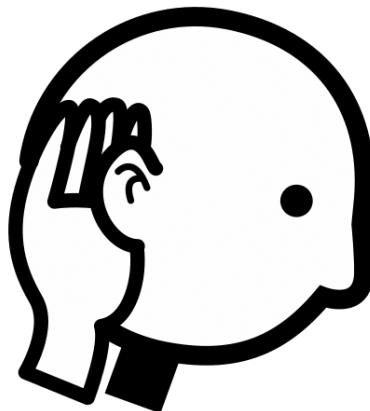
I will meet the Bendrigg tutor and other people. They will talk to me about the rules.



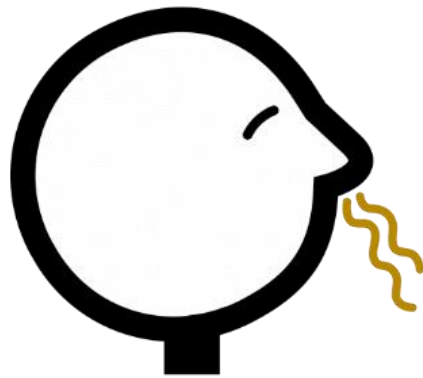
This is to keep me safe.



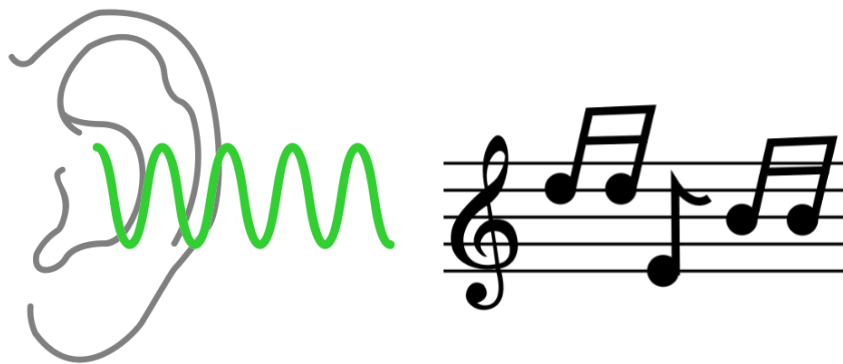
I need to listen carefully.



When I go inside it may smell different.



The sensory room can have new sounds.
There may be music playing.



There are lots of different lights and music.



There are mats and bean bags to relax on.



I may feel excited.



I may feel worried. This is okay.



I need to remember I am safe if we all listen carefully and follow the rules.



I can ask to leave the sensory room if I want to.



When I have finished in the sensory room
I will put my shoes back on.



The sensory room is fun.



Written by Kate McCallum with support from



AMPHIGEAN
and MAKING THE COMPLEX SIMPLE



ARASAAC